



# BIS Adult Soccer Guidelines & Rules

Please read below for our Summer 2020 Adult Outdoor Soccer League guidelines including NEW schedule, check-in procedures, safety policies.

Boulder Indoor Soccer has a new release and waiver of liability. To participate in the adult leagues each participant is required to complete the release.

## [BIS Release and Waiver of Liability](#)

**All summer league games will be held on the outdoor field at Boulder Indoor Soccer – 3203 Pearl St.**

### **Summer 2020 Outdoor Soccer Adult Leagues**

6 Weeks - \$400 Team Registration Fee

June 22 – August 2

5v5 | 2 x 20-Minute Halves

\$100 deposit required to secure your team's spot

League	Dates	Game Times
<b>Monday Men's 40+</b>	June 22 – July 27	6:30 - 8:45 PM
<b>Tuesday Coed A</b>	June 23 – July 28	6:30 - 8:45 PM
<b>Wednesday Men's B</b>	June 24 – July 29	6:30 - 8:45 PM
<b>Thursday Men's C</b>	June 25 – July 30	6:30 - 8:45 PM
<b>Friday Coed B &amp; C</b>	June 26 – July 31	5:00 - 8:45 PM
<b>Sunday Coed Open</b>	June 28 – August 2	9:00 AM – 12:45 PM
<b>Sunday Men's Open</b>	June 28 – August 2	5:00 - 8:45 PM

### **Per the Colorado Public Health Order 20 – 28 June 5<sup>th</sup>:**

Organized recreational youth or adult league sports may resume activities with no more than 25 players outdoors or 10 players indoors. Parents may attend youth sports activities but must remain 6 feet apart from non-household members. Spectators are strongly discouraged for adult sports. The sports league must retain records of who played in case later disease outbreak investigations become necessary.

### **Game Check-in Protocol:**

Prior to the first game teams must provide BIS with a team roster. If you have changes to the roster, please contact us to add a new member to your team. Adult leagues will have staggered starts, separate entrances and exits to the field, and separate check-in location to maximize social distancing between games.

- All participants should be dressed in soccer attire prior to check-in.
- If there is a line at check-in, please wait at the designated floor markings.
- All participants must be pre-registered, **no walk-up registration**.
- Check-in must be completed at the outdoor registration table to player.
- Each participant will receive a non-contact temperature scan at check-in, and you will be asked preventative health and safety questions regarding COVID-19.



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- Wash/sanitize their hands before entering their designated field.

## **BIS Safety & Cleaning Policies:**

- All BIS staff & referees will be required to wear a mask during adult leagues.
- Face coverings are not required during the game. However, to enter the facility for restrooms, or concessions participants will need to wear a face covering.
- Commonly used surfaces will be disinfected frequently.
- BIS will provide a game ball for each game.
- BIS will NOT provide pinnies. Please have your team bring a uniform color jersey, and an alternate shirt in case of conflict.
- No spectators are permitted for adult leagues.
- Facility will run exhaust fans continuously, exchanging the air in the building every 10 minutes.
- Hand sanitizer and disinfectant wipe stations are conveniently located throughout the facility/field.
- Daily wellness checks will be performed on all employees, per government guidelines.
- All participants will receive a non-contact temperature scan prior to the game.
- **If you are sick, please stay home.**

## **Rule Modifications for 5v5 Games:**

- Field Dimensions: 145ft x 70ft with boundary lines.
- Goal Dimensions: 12'6" x 6.6"
- Game Duration: 2 x 20-minute halves
- 5-players per side, 4 outfield players and 1 goalkeeper.
- Unlimited Substitutions. Teams are permitted 5 substitutes on the bench.
- Coed teams will play with 1 female players on the field regardless of position. If a coed team does not have a female player, the opponent can agree to play an official match either at full strength, down a player, or win by forfeit and still play for fun.
- Men's over 40 teams are permitted to have 1 designated player over 35.

*Full rules of play will be posted on our website and sent out to all team managers.*

Please let us know if you have any questions or concerns so we can address them before games.

## **BIS Management**

Phone: 303.440.0809

Email: [Info@BoulderIndoorSoccer.com](mailto:Info@BoulderIndoorSoccer.com)

